

## **Modern multifactorial and bio-psycho-social pain rehabilitation**

*Lecture, Denkfysio, Netherlands, 2020  
With Physiotherapist Lars Avemarie*

A traditional biomedical framework is what most clinicians are familiar with, but like all reasoning this is vulnerable to error, this especially if the clinical reasoning is predominantly with an pathological, biomechanical or structural focus. There is an increasing trend for health professionals to increase their scope of practice, especially if the field is highly competitive. Traditionalist clinicians may find themselves being phased out of their normal roles, if other professions more quickly grasp the current 'pain science' paradigm.

In the lecture, you will learn how to use the biopsychosocial pain model, get an in-depth review of the many different factors which modulates pain, and we will review a clinical reasoning model as a essential component in your biopsychosocial reasoning.